



# Washington Wellness Physical Therapy and SportsCare, LLC



## Address

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Washington Wellness Physical  
Therapy and SportsCar

## Contact Person

## Mobile Number

## Email

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Our physical therapists are licensed professionals with extensive knowledge and training in anatomy, physiology and biomechanics of the body. They will provide comprehensive, individual and goal-oriented treatment with emphasis on biomechanical evaluations, manual techniques and active patient participation.

With years of experience in the field our expertise can help take you from injury to prevention to enhancement of movement. We strive to reach the highest potential that allows for an independent, active and robust lifestyle.

Through Direct Access and physician referral, we offer the most comprehensive rehabilitation and fitness programs to empower you to restore your full functional potential.

We can treat a wide array of musculoskeletal conditions from pre- and post-op rehabilitation to chronic conditions.

## Our services include:

- A 1-hour evaluation
- A treatment plan designed with your goals in mind
- A home exercise program to get you started on the road to recovery
- Group Exercise Classes



For more details, please visit <https://www.reliableindex.com/detail/washington-wellness-physical-therapy-and-sportscare-llc-209>